

# DEPARTMENT OF PUBLIC HEALTH

## HEALTH PROMOTION AND EDUCATION SERVICES

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COUNTY OF SAN BERNARDINO

MARGARET D. SMITH  
Interim Public Health Director

PAULA MEARES-CONRAD  
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MARGARET BEED, MD  
Health Officer

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Health Officer  
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August 29, 2007  
NR 08-04

## HEAT ADVISORY

**The San Bernardino County Department of Public Health has issued a heat warning for the period beginning August 29, 2007 through the weekend. Temperatures are expected to exceed 105 degrees.**

**We urge people, particularly the elderly, who are most susceptible to the heat to drink plenty of fluids, avoid overexertion and seek out air conditioned buildings to avoid overheating.**

**Stay cool indoors by turning on an air conditioner or evaporative cooling system. If you don't have access to air conditioned space at home, please visit a local shopping mall, senior center, public library, community center, or other facility that is open to the public.**

**There are a number of neighborhood cooling centers throughout the County where people can go to stay cool and avoid the heat. The center locations are listed below:**

- m o r e -

MARK UFFER  
County Administrative Officer  
District

Board of Supervisors  
BRAD MITZELFELT.....First District      DENNIS HANSBERGER.....Third  
PAUL BIANE.....Second District      GARY C. OVITT.....Fourth  
JOSIE GONZALES.....Fifth District

## COOLING CENTERS

<b>Bloomington Senior Center</b> 18317 Valley Boulevard Bloomington, CA (909) 877-4310 M-F: 8 am-1:00 pm	<b>Bloomington Branch Library</b> 10145 Orchard Street Bloomington, CA 92316 (909) 877-1453 M-Tues: 12-8pm/Wed-Fri: 11-6pm/Sat: 11-5pm
<b>Chino Senior Center</b> 13170 Central Avenue Chino, CA 91710 (909) 591-9836 8 am- 9 pm/7 days a week	<b>Montclair Senior Center</b> 5111 Benito Street Montclair, CA 91763 (909) 625-9462 M-F: 8 am-5 pm
<b>Cypress Community Center</b> 8380 Cypress Avenue Fontana, CA 92335 (909) 428-8374 M-F: 8am – 8 pm	<b>Don Day Community Center</b> 14501 Live Oak Avenue Fontana, CA 92337 (909) 822-2321 M-F: 8-8 pm/Sat: 8-1pm
<b>George M. Gibson Senior Center</b> 250 N. Third Avenue Upland, CA 91786 (909) 981-4501 M-F: 8:30 am-5pm/Sat: 8:30-12 pm	<b>Joslyn Senior Center</b> 21 Grant Street Redlands, CA 92373 (909) 798-7550 M-F 8 am–5 pm
<b>Loma Linda Senior Center</b> 25571 Barton Road Loma Linda, CA 92354 (909) 799-2820 M-Thurs: 8 am-3 pm	<b>Mentone Senior Center</b> 1331 Opal Avenue Mentone, CA 92359 (909) 794-5280 M-Thurs: 9 am-pm/Fri: 10am-5pm/Sat: 9am-5pm
<b>Marygold Senior Center</b> 16707 Marygold Avenue Fontana, CA 92335 (909) 822-3246 M-F: 8 am – 3 pm	<b>George White Senior Center</b> 8565 Nuevo Avenue Fontana, CA 92335 (909) 822-4493 M-F: 8 am-1:00 pm
<b>Ontario Senior Center</b> 225 E. “B” Street Ontario, CA 91764 (909) 395-2021 M-F: 8 am 8 pm	<b>James L. Brulte Senior Center</b> 11200 Baseline Road Rancho Cucamonga, CA 91701 (909) 477-2780 M-F: 8 a.m.-10 pm/Sat 7am-6pm/Sun 7am-5pm
<b>Victorville Activity Center</b> 15075 Hesperia Road Victorville, CA 92395 (760) 245-7047 10 am.- 1pm (lunch served 11:30)	<b>Victorville Senior Club</b> 14874 Mojave Dr. Victorville, CA 92394 (760) 245-5018 M-F 9 am-4 pm

<b>Fontana Branch Library</b> 16860 Valencia Avenue Fontana, CA 92335 (909) 822-2321 M-Tues: 12-8pm/Wed: 10-8pm/ Th-Fri: 10-6pm/Sat: 9-5pm/Sun: 12-5pm	<b>Kaiser Branch</b> 11155 Almond Avenue Fontana, CA 92337 (909) 357-5900 X8029 M-Th: 3-8 pm/Fri-Closed/Sat: 10-5 pm
<b>Summit Branch Library</b> 15551 Summit Avenue Fontana, CA 92336 (909) 357-5950 X3024 M-Th: 3-8pm/Fri: Closed/Sat: 9-5pm	<b>Rialto Senior Center</b> 1411 S. Riverside Avenue Rialto, CA 92376 (909) 877-9706 M-TH: 7-5 pm/Fri: 8-1 pm
<b>Carter Branch Library</b> 2630 N. Linden Avenue Rialto, CA 92377 (909) 854-4100 X28148 M-Th: 12-8pm/Fri: Closed/Sat: 9-5pm	<b>Rialto Branch Library</b> 251 West 1 <sup>st</sup> Street Rialto, CA 92376 (909) 875-0144 M-Wed: 10-8 pm/Th-Fri 10-6pm/Sat: 10-5pm
<b>Barstow Senior Center</b> Nutrition Site 555 Melissa Avenue Barstow, CA 92311 (760) 256-5023 M-Th: 9 am -3 pm/Fri: 9-1:30 pm	<b>Newberry Springs Senior Center</b> 33386 Newberry Road P.O. Box 244 Newberry Springs, CA 92356 (760) 257-3284 Tues-Sat: 7 am–2pm
<b>Yucca Valley Community Center</b> 57090 Twenty-nine Palms, Hwy Yucca Valley, CA 92284 M-F: 8 am – 5 pm Museum, Yucca Valley Sat. & Sun: 10 am-4:00 pm	<b>29 Palms Senior Center</b> 6539 Adobe Road Twenty-nine Palms, CA 92277 M-F: 9 am -5 pm If the temperature is over 115, Center is open Sat. & Sun.
<b>Hutton Community Center</b> 660 Colton Avenue Colton, CA 92324 M-F: 8-8 pm	<b>Perris Hill Senior Center</b> 780 E. 21 <sup>st</sup> Street San Bernardino, CA 92404 M-F: 8-5 pm
<b>San Bernardino Senior Center</b> 600 W. 5 <sup>th</sup> Street San Bernardino, CA 92410 M-F: 8-5 pm	<b>Hernandez Community Center</b> 222 North Lugo San Bernardino, CA M-F: 9 am – 8 pm/Sat: 10 am – 4 pm
<b>Lytle Creek Community Center</b> 380 So. “K” Street San Bernardino, CA 92410 M-F: 9 am – 8 pm/Sat: 10 am – 4 pm	<b>Nicholson Community Center</b> 2750 W. 2 <sup>nd</sup> Street San Bernardino, CA 92410 M-F: 10 am – 6 pm/Sat. 10 am – 4 pm
<b>Ruben Campos Community Center</b> 1717 W. Fifth Street San Bernardino, CA M-F: 9 am – 8 pm/Sat. 10 am – 4 pm	